

Health and Human Development Term 2 Holiday Homework:

Due 15th July

Principles of individual human development

TEST your knowledge:

1. Explain what each of the following principles refers to and provide examples for each:

a. The patterns of development is orderly and predictable: _____

b. Growth of development are unique: _____

c. Rates of development are unique: _____

d. Development required change: _____

APPLY your knowledge:

2. Consider the following developmental milestones and explain how three principals of development are evident in each one:

a. Learning to write: _____

b. Learning to throw a ball: _____

- c. A baby learning to sit: _____
- _____
- _____
- _____

Development during infancy

TEST your knowledge:

3. a. Briefly describe the APGAR test.

- b. Explain why the test is administered twice after birth

4. Which adaptations is the neonate is particularly dependent on others for?

APPLY your knowledge:

5. Using the concept of object permanence as the basis for your answer, discuss why infants may particularly enjoy and game of peek a boo.

6. An infant scores 4 on the APGAR test one minute after birth and then scores 8 five minutes after birth. Discuss two adaptations on the neonate that may have contributed to this increase in APGAR score.

Development during early childhood

TEST your knowledge:

7. List three characteristics for each of the following types of development during the early childhood stage:

a. Physical:

b. Social:

c. Emotional:

d. Intellectual:

APPLY your knowledge:

Carolyn is four years old and lives in rural Victoria with her mother, father and three older brothers. Her father runs their farm and her mother is a stay at home mother. Her brothers all go to school so, for most of the day, it is just Carolyn and her mother at home. Carolyn's physical development has been very slow and her mother is worried because Carolyn is significantly smaller than other children her age. In order to assist with her social development, Carolyn's mother takes her to a local playgroup once a week.

- a. Describe the physical development Carolyn would be experiencing at this stage in her life.

b. i. What is the average growth during this life span _____

ii. Explain why it is important to use these figures as averages only _____

c. Identify the factors that may affect Carolyn's social development

d. Explain ways that Carolyn's slow physical development may affect other dimensions of her development in both the short term and long term.

Development during late childhood

8. List three characteristics for each of the following types of development during the early childhood stage:

e. Physical:

f. Social:

g. Emotional:

h. Intellectual:

9. Discuss how emotional development is different between those in early and late childhood

10. Explain how intellectual development could affect social development during late childhood.

11. Choose a game or toy commonly enjoyed by children and discuss how it might promote each type of development